

Monthly scheduled programs for patients and caregivers (families or others) with NO CHARGE

Pamemazi Room working hours: Monday to Friday: 10:00 - 16:00 and when an activity is on schedule
 Pamemazi Library working hours: During the opening hours of Pamemazi Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:15-11:30 Therapeutic Yoga (Closed Group)</p> <p>10:00-14:00 Art Therapy (Patients Rooms/Appointment)</p> <p>11:30-12:30 Therapeutic Yoga (Day Clinic or Pamemazi Room)</p> <p>12:00-13:30 Mindfulness</p>	<p>12:30-14:00 Reflexology-Massage</p> <p>11:30-13:30 Makrame knots</p> <p>12:30-14:00 Reflexology-Massage</p>	<p>9:30-12:00 Reflexology (Pain Clinic or Patients Rooms)</p> <p>10:00-14:00 Art Therapy (Patients Rooms or by appointment)</p> <p>9:30-12:30 Reflexology (Pain Clinic or Patients Rooms)</p> <p>10:00-14:00 Art Therapy (Patients Rooms/Appointment)</p> <p>10:30-12:30 Crafts (Sculptures)</p>	<p>10:30-12:00 Crochet (Day Clinic)</p> <p>12:30-14:00 Reflexology-Massage</p> <p>14:30-15:30 Music Therapy (Patients Rooms)</p> <p>10:00-12:30 Physical Therapy</p> <p>10:30 Decoupage on bottles</p> <p>12:30-14:00 Reflexology-Massage</p>		
<p>10:15-11:30 Therapeutic Yoga (Closed Group)</p> <p>10:00-14:00 Art Therapy (Patients Rooms/Appointment)</p> <p>12:00-13:30 Mindfulness</p>	<p>12:30-14:00 Reflexology-Massage</p> <p>11:30-12:30 Aromatherapy</p> <p>14:30-15:30 Music Therapy (Patients Rooms)</p>	<p>9:30-12:30 Reflexology (Pain Clinic or Patients Rooms)</p> <p>10:00-14:00 Art Therapy (Patients Rooms/Appointment)</p> <p>10:30-12:00 Crochet</p>	<p>10:30-12:30 Crafts</p> <p>12:30-14:00 Reflexology-Massage</p>		11:00-12:30 Soap making
<p>10:15-11:30 Therapeutic Yoga (Closed Group)</p> <p>10:00-14:00 Art Therapy (Patients Rooms/Appointment)</p> <p>11:30-12:30 Therapeutic Yoga (Day Clinic or Pamemazi Room)</p> <p>12:00-13:30 Mindfulness</p>	<p>11:30-12:30 Makrame knots</p> <p>12:30-14:00 Reflexology-Massage</p>	<p>9:30-12:30 Reflexology (Pain Clinic or Patients Rooms)</p> <p>10:00-14:00 Art Therapy (Patients Rooms or by appointment)</p>	<p>10:00-12:30 Physical Therapy</p> <p>12:30-14:00 Reflexology-Massage</p>		
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Θα μας βρείτε
ΚΤΗΠΙΟ Δ - Ισόγειο

TELEPHONE NOS:
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Pamemazi Room
2103501672

Participants' comments:
 • I like the fact that the activity took place in my room so I was more relaxed (Music Therapy)
 • It is time for hospitals to include such programs at such a difficult period for us (Crochet)
 • In my 73 years I see something for the first time, initially the organization and then the rest (Soap making)