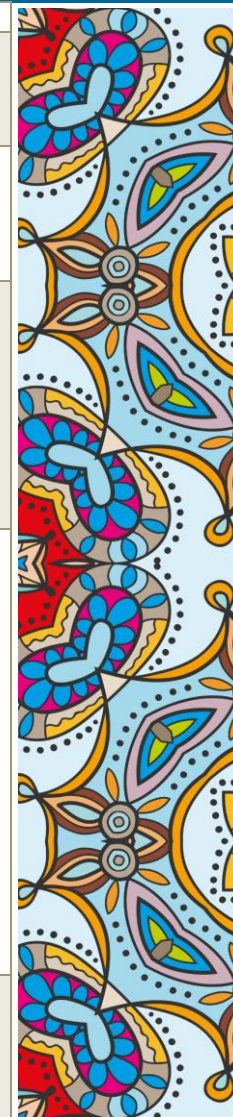


Monthly scheduled programs for patients and caregivers (families or others) with no charge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pamemazi Room working hours: Monday & Thursday: 10:00 - 16:00 / Tuesday, Wednesday & Friday: 10:00 - 15:00 and when an activity is on schedule Pamemazi Library working hours: Monday: 11:00 - 16:00 / Tuesday, Thursday & Friday: 10:00 - 14:00						
					1	2
3 11:30-12:30 Aromatherapy	4 13:00-15:00 Crochet-Easy Projects (Pamemazi Room)	5 9:30-10:30 Dance movement Psychotherapy 10:30-11:30 Yoga 11:30-13:00 Art Therapy (Pamemazi Room)	6	7 11:30-13:00 Nutrition (Pamemazi Room)	8 10:00-12:00 Photography Lessons Making Portraits	9
10	11 13:00-15:00 Crochet-Easy Projects (Pamemazi Room)	12 9:30-10:30 Dance movement Psychotherapy (Pamemazi Room) 10:30-11:30 Yoga (Pamemazi Room) 11:30-12:30 Aromatherapy (at the clinic) 11:30-12:30 Music Therapy 12:30-13:30 Art Therapy (Pamemazi Room)	13 12:00-14:00 Crafts Making flower wreaths (Pamemazi Room)	14	15 10:00-12:00 Photography Lessons Making Portraits	16
17 10:30-12:00 Macrame Knots (Pamemazi Room)	18	19 11:00-12:30 Art Therapy	20 10:30-12:30 Jewelry Workshop Making rubber rings (Pamemazi Room)	21 12:00-14:00 Crafts Making garden lanterns out of a bottle (Pamemazi Room)	22 11:30-13:00 Aromatherapy (Pamemazi Room)	23
24	25 13:00-15:00 Crochet - Easy Projects (Pamemazi Room)	26 11:00-12:30 Art Therapy 14:30-15:30 Music Therapy (at the clinic)	27 10:30-12:30 Jewelry Workshop Making felt earrings (Pamemazi Room)	28 11:30-12:30 Aromatherapy	28	30
31		Participants' Comments: • I thought about things I was avoiding. That I could approach things through art upset me in the beginning and then relaxed me. I feel really good. Thank you. (Art therapy) • Wonderful! I felt extremely happy! Thank you very much! (Making Soaps)				



Where to find us:
Building D -
Ground Floor

Pamemazi Room tel.:
210 3501672

People in charge:
- Eva Grigoriadou
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- Theodora Athanassiou
6976537996