

Our corner

November 2017

Hello PAMEMMAZI friends!

The PAMEMMAZI family continues to flourish, as our volunteers continue to serve in the *Agioi Anargyroi* oncology hospital. The number of participants in our activities has surpassed 110 and many of those staying in the hospital for a long time, have become steadfast friends of PAMEMMAZI programs. We always distribute evaluation forms in hopes of continual improvement of our programs, and to help us understand our impact. Thank you to all of you who help us spread empathy to all those who live with cancer, as well as all those who need our help.

Thank you for being part of our PAMEMMAZI family!



A taste of our activities

One of the most loved activities at the oncology hospital *Agioi Anargyroi* was making scented soaps. Some patients made soaps to bring up to others who did not feel well enough to attend. It was wonderful to see the sense of community and inclusion among all participants. A big thank you to our wonderful volunteers who keep creating a warm corner of normality and joy for all who attend.



In the news

In our last newsletter, we told you about our upcoming SKAI interview. Indeed, on November 1, PAMEMMAZI was hosted in SKAI TV in the news program “Now with Anna Bousdoukou.” PAMEMMAZI Board Chair Eleni Tzavara and volunteer dance therapist-psychologist Sophia Kordits represented us. You can see the interview here (in Greek):

<https://www.youtube.com/watch?v=y4T7hh3LaR4&t=15s>

www.pamemmazi.org

The TV program was extensive. Ms. Tzavara reviewed our goals and program, inviting all who wish to contribute to join our efforts. Ms. Kordits talked about how patients and family members usually enter the PAMEMMAZI space scared and hesitant, and through the experience, leave transformed.



Ms. Tzavara then spoke about our recent two-day forum and underscored the important role of psychological support not only for patients, but also for physicians and hospital staff, because the pressure on them is also significant.

after the race. So, every year, we have a new anti-cancer equipment) at the local hospital. What is really touching and motivating, is seeing foreigners joining every year the race: They arrange their holidays to be at the first week of November so they can be there and take part in the race.”

Niko, your heartfelt contributions and your efforts #forEmma are inspirational, and they touch our heart.



Young adult voices

PAMEMMAZI friend and volunteer Nikos Stathis writes to us about his participation in an event to raise awareness about lung cancer and promote smoking cessation called “Rhodes for Life” where after the fundraiser, the organization buys anti-cancer equipment for the local hospital. Nikos writes:

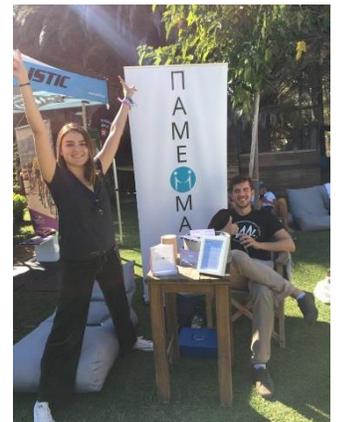
“My mom is a volunteer for many years now as she started running for her best friend who suffered from breast cancer and now is cured. My personal interaction was to sell t-shirts in the hotel company I was working for, so last year and this year as well we sold around 950 t-shirts in the hotel staff, hotel guests and locals. I started doing that in order to help my mom but then it escalated and last year, I did my best for Emma's memory.

Almost half of the island's population are engaged in the event. One of the reasons people are such fans is that they see that the NGO is buying the equipment promised right

PAMEMMAZI on the go

In late October, right after our Forum, PAMEMMAZI supported the Triathlon of [Transition Sports](#). You see here founding members Anastasia Vernikou and George Andreakos at our stand.

We sold our ribbons of hope that echo one of Emma’s mantras:



“In your darkest moments, reach for the light.”